



# Media History

Please X through one answer for each question. If the question does not apply to your family (ie, you do not own a VCR, video game player, or computer), leave that section blank.

Child's Name \_\_\_\_\_ Date \_\_\_\_\_

### Television

Does your child watch more than 1 to 2 hours of TV per day?  Frequently  Sometimes  Never

Do you watch TV with your child or know what your child is watching?  Frequently  Sometimes  Never

Do you discuss TV shows with your child?  Frequently  Sometimes  Never

Does your child have a TV in his or her room?  Yes  No

Do you limit your child's watching of TV shows that often contain violence, sex, foul or explicit language, or images of tobacco or alcohol use?  Frequently  Sometimes  Never

Do you have rules about when TV can be watched?  Yes  No

Do you allow your child to eat meals or snacks while watching TV?  Yes  No

Does your child ask you to buy products he or she sees advertised on TV?  Frequently  Sometimes  Never

### Movies and Videos

Do you allow your child to watch movies or videos that are R-rated?  Frequently  Sometimes  Never

Do you read movie reviews to know the content of PG-13 movies?  Frequently  Sometimes  Never

Does your child have nightmares or trouble sleeping after watching movies?  Frequently  Sometimes  Never

How often does your child watch music videos on TV?  Frequently  Sometimes  Never

### Radio, CDs, Cassette Tapes

Are you familiar with the type of music your child listens to?  Yes  No

Have you talked to your child about lyrics that you object to?  Yes  No

Do you set limits on the types of music your child listens to?  Yes  No

### Video and Computer Games

Are you familiar with the types of games your child plays?  Yes  No

Do you check a game's rating before you rent or buy it?  Yes  No

Do you allow your child to own or rent games with violent content?  Frequently  Sometimes  Never

Do you limit the number of hours your child plays these games?  Frequently  Sometimes  Never

### Internet and Computer On-line Services

Do you monitor Internet and on-line computer use?  Frequently  Sometimes  Never

Does your child have a computer in his or her room?  Yes  No

Are you familiar with the types of chat rooms and Web sites your child visits?  Yes  No

Do you talk to your child about the best use of the Internet?  Frequently  Sometimes  Never

Have you purchased blocking software that prevents your child from visiting inappropriate/pornographic Web sites?  Yes  No

### Books

Do you read to your child or does your child read at least once a day?  Yes  No

Do you provide your child with a variety of reading materials?  Yes  No

Do you talk to your child about the books that you read together or that your child is reading on his or her own?  Frequently  Sometimes  Never

### Do you have any specific concerns about:

Your child's use of tobacco, alcohol, or illicit drugs?  Yes  No

Your child's own sense of body image or sexuality?  Yes  No

Displays of aggressive behavior or use of foul language?  Yes  No

